

2018 Projects and Events – This edition highlights

This first 2018 edition will give you a brief summary of where we are in terms of numbers, where we came (comparison with data from 2015) and where we stand (at national level). In this edition we will also give you a glance of upcoming events, associated projects and the outcome of our participation in international calls. As in previous editions, we would like to thank to all who contributed for our overall success and continuous growth in both terms of development and expertise. Hope you enjoy the reading!

2CA - Braga Day



On March 9th, Braga's Hospital auditorium hosted the 2018 edition of the 2CA-Braga Day event.

As in previous years, it counted on the presence of our 2CA-Braga team along with more than 150 participants from Hospital de Braga and the University of Minho. During this event, three clinical research projects were presented.

After a short coffee-break, a lecture regarding the importance of the patient role managing chronic renal disease followed. This is part of a project on patient centrality, developed by 2CA-Braga. At end of the event, four researchers were awarded with the grants of the 2017 clinical research projects:

Ana Rita Fortunato (Pharmaceutical Department of Hospital de Braga) – *“Human Milk Fortification in Preterm Infants: comparison of two methods”*

Ana Sofia Costa (Neurology Department of Hospital de Braga) – *“Multicentre prospective study of multilingual patients with primary progressive aphasia – MultiPPA”*

Célia Domingos (EMUM and ICVS) – *“A predictive model of healthy brain aging using wearable monitoring system of physical activity – BrainFit”*

Ricardo Silvestre (EMUM and ICVS) – *“Immunometabolic networks for biomarker and therapy assessment in Behçet disease – INBIOM”*



2CA-Braga in International Calls

Our participation in International Calls has been increasing. The main purpose of our active international participation is to further develop internal skills while potentiate our participation in relevant R&D projects, associated with technological development and scientific innovation. The more recent outcome related to our international participation was CODIGO +.

Consorcio CODIGO+



Clinical Research Training Program

Since 2014, we have been conducting clinical research training sessions. There are 4 per year, each one dedicated to a different target population: residents, nurses, clinical research professionals and Medical Device researchers. This year we will host the 2nd edition of the training session fully dedicated to clinical research with medical devices.

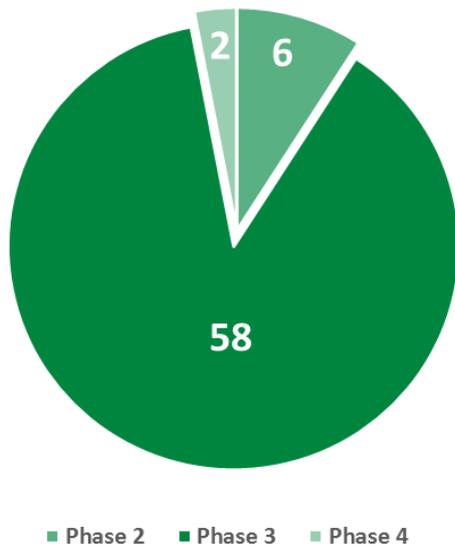
The main objective of the Medical Devices' edition is to provide further knowledge to researchers in order to promote development, implementation and submission of clinical studies with medical devices (including regulatory challenges).

Additional information can be found in our [website](http://www.ccabraga.org) (www.ccabraga.org) under the menu **Education & Training**. Herein you can check each session's program along with the registration form.

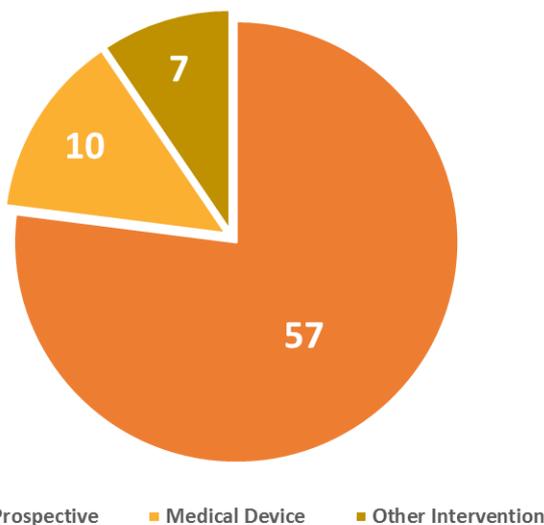


Our Main Numbers

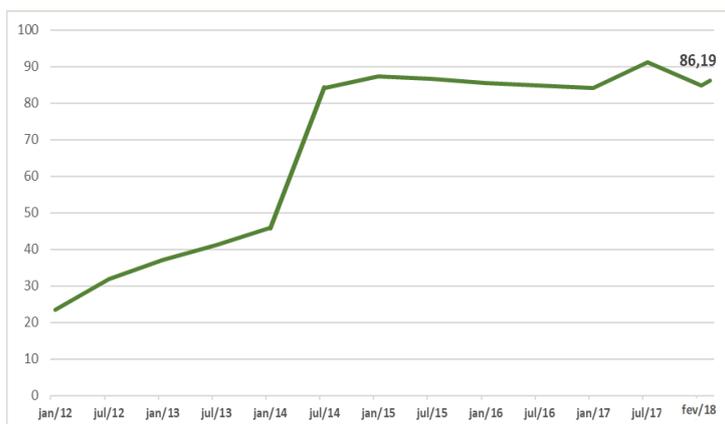
Since the beginning of 2CA-Braga we have been steadily growing regarding the overall numbers of both commercial initiative and investigator-driven studies. Currently, we are managing a total of 140 studies, 66 of which are clinical trials (2 of which are investigator-driven).



From the overall 74 non-clinical trials (57 observational studies, 10 clinical studies with medical devices and 7 clinical intervention studies), only 18 are commercial initiative studies.



At this time we have 657 subjects participating in commercially supported clinical studies (406 in clinical trials vs. 197 in observational studies). Since the beginning, one of our main key indicators is recruitment rate, which is being kept above our 80% target, as depicted in the graph below.



Tables below describe 2CA-Braga growth over the last 3 years' (in terms of type of clinical trials managed in comparison with outcomes/numbers at a national-level).

The first table accounts for the number of trials in each phase implemented in Portugal, made public by Infarmed (Portuguese National Competent Authority).

	2015	2016	2017
Phase I	15	26	30
Phase II	24	26	24
Phase III	90	82	75
Phase IV	8	8	8
TOTAL	137	142	137

When comparing with 2015, 2CA-Braga have increased both the overall number and percentage of phase III clinical trials managed by our center. With the opening of our phase I unit, we are willing to see an increase in our participation in the early phase clinical trials and to contribute nationally to the continuous allocation of these studies to Portugal.

	2015		2016		2017	
	n	%	n	%	n	%
Phase II	4	16,67	4	15,38	2	8,33
Phase III	25	27,78	36	43,90	32	42,67
Phase IV	2	25,00	1	12,50	0	0,00
TOTAL	31	25,41	41	35,34	34	31,78

What's next? >>Upcoming events

5th Clinical Research & Innovation Journeys

As in previous years, 2CA-Braga will host the 5th Clinical Research & Innovation journeys, which will happen on **October 12th**. Further information will be posted on our website. We will keep you posted!

Upcoming events and previous newsletters are available at our website.

For more information, please check our website <http://www.ccabraga.org> or contact us through 2ca@ccabraga.org.



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